

# EMDR EUROPE CONSULTANT COMPETENCY BASED FRAMEWORK EMDR EUROPE PRACTICE COMMITTEE – OCTOBER 2016

RATIFIED VERSION WITH CHILD & ADOLESCENT ADDENDUM)

# APPLICATION FORM TO BE COMPLETED, PRINTED OUT, SIGNED WHERE APPROPRIATE, SCANNED, AND SENT AS EMAIL ATTACHMENT TO:

PLEASE NOTE THAT ONLY ELECTRONICALLY COMPLETED DOCUMENTATION WILL BE CONSIDERED.
IN ORDER FOR YOUR APPLICATION TO BE CONSIDERED THOROUGHLY,
PLEASE ENSURE THAT ALL NECESSARY INFORMATION IS PROVIDED.
THANK YOU.

Section I: Applicant's details						
Name:						
Address 1:						
Address 2:						
Address 3:						
Daytime Tel:						
Evening Tel:						
Mobile Tel:						
Qualifications:						
Core Profession:						
I am applying for Accreditation as an (please tick as appropriate):						
EMDR Europe Consultant   EMDR Europe Child & Adolescent Consultant						
Both of the above						
Name of EMDR Europe Accredited Clinical Supervisor/ Consultant supporting this application:						
EMDR Europe Clinical Supervisor/ Consultant's email address:						



(RATIFIED VERSION WITH CHILD & ADOLESCENT ADDENDUM)

**EMDR Europe Consultant Evidence Checklist** 

Part A: EMDR Europe Minimum Requirements and Record of Clinical Contact

Part B: EMDR Clinical Practice

Part C: EMDR Supervision and Consultation of Consultation (20 Hours)

EMDR Europe Clinical Supervisor/ Consultant Evidence Checklist PART A: EMDR EUROPE MINIMUM REQUIREMENTS	Please circle appropriate box		
That the applicant is a member of their respective EMDR National Association?	Yes	No	
To your knowledge the Applicant adheres to the Professional and Ethical Standards as defined by both the applicant's professional registration body and the EMDR National Association and consistently promotes integrity in the science, teaching and clinical practice of psychotherapy and in particular that of EMDR.	Yes	No	
That the applicant is engaged in a minimum of 16 hours per week practicing psychotherapy (including supervising).	Yes	Nº 🗆	
As a Clinical Supervisor/ Consultant you have seen copies of the applicant's professional registration certificates and where necessary evidence of their indemnity insurance?	Yes	No	
The applicant has a minimum of 3 years' experience of being an EMDR Europe Practitioner. Please note: applicants for EMDR Europe Child and Adolescent Consultant are required to have a minimum of 3 years experience as a Child and Adolescent Practitioner. Please enclose a copy of your accreditation certificate.	Yes	Nº □	
The applicant has treated a broad range of clients of varying diagnoses and complexity.	Yes	No □	
The applicant has conducted a minimum of <b>400</b> EMDR sessions since becoming an EMDR Europe Accredited Practitioner.	Yes	No	
The applicant has treated a minimum of 75 clients utilising EMDR since becoming an EMDR Europe Accredited Practitioner. If the application is for Child and Adolescent Consultant, 25 of the 75 clients will be children or adolescents.	Yes	No	
The applicant has demonstrated competency in both their provision of clinical supervision/ consultation and of their clinical work and have engaged in a minimum of 20 hours clinical supervision/ consultant with an EMDR Europe Accredited Consultant.	Yes	No	
You have seen the second reference in support of the applicant's application.	Yes	No	
You have seen the Certificate of Competency from the EMDR Europe Consultants training and had feedback from a Consultant Trainer regarding the applicant. (For those applying in the UK this training will have included the Child and Adolescent element).	Yes	No	



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Please enclose with your application your Consultant Training		
Certificate of Competency.		
Can confirm that since becoming an EMDR Europe Accredited	Yes	No
Practitioner the applicant has undertaken a minimum of 30 hours		
EMDR related Continuing Professional Development (CPD) and		
aware current EMDR research.		
That you have witnessed a minimum of three videos, or in-vivo	Yes	No
sessions meeting the required standard, of the applicant's		
professional practice of which one must be clinical, the second of		
them providing individual EMDR clinical supervision and the third of		
them providing Group EMDR clinical supervision.		

### RECORD OF CLINICAL CONTACTS [Form to be used for both EMDR Europe Practitioners and Consultants]

CLIENT'S NUMBER & INITIAL	PRESENTING PROBLEM	DATE FIRST SEEN	NUMBER OF SESSIONS	SETTING WHERE TREATMENT TOOK PLACE
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Total Clients Seen:				

1	f EMDR Europe Clinical rvisor	Name and Signature of Applicant	Date
Name:		Name:	Date:
Signature:		Signature:	



(RATIFIED VERSION WITH CHILD & ADOLESCENT ADDENDUM)

#### **PART B: EMDR CLINICAL PRACTICE**

#### PLEASE PROVIDE DETAILED COMMENTS IN SUPPORT OF EACH COMPETENCY

#### Section A:

Standard EMDR-protocol and procedure

- History Taking Past, Present & Future, AIP Case conceptualisation, and treatment planning
- 2. Preparation
- 3. Assessment
  - Image
  - Negative cognition
  - Positive cognition
  - Validity of Cognition (VoC)
  - Emotions
  - SUD
  - Body location
- 4. Processing (Desensitisation)
  - Strategies for blocked processing and blocking beliefs
  - Acceleration/ Deceleration
  - Blocking Beliefs
  - Cognitive Interweaves
- 5. Installation of positive cognition
  - Including blocking beliefs
- 6. Body scan
- 7. Closing techniques
  - Complete session
  - Incomplete session
- 8. Re-evaluation

#### Section B:

Evidence of knowledge and experience of scripted protocols for specified populations and knowledge of research:

- 1. EMDR, Dissociation and Complex Post Traumatic Stress Disorder (C-PTSD)
- 2. EMDR with Phobias
- EMDR and Clients with addictive behaviours
- 4. EMDR and Client's with Pain
- 5. EMDR Protocols for acute trauma (Recent Events Protocol)
- EMDR &Traumatic Bereavement, Grief & Mourning
- 7. EMDR with Depression
- 8. EMDR with Psychosis



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PART C: EMDR THERAPY SUPERVISION & CONSULTATION OF CONSULTATION (20 HOURS)

#### PLEASE PROVIDE DETAILED COMMENTS IN SUPPORT OF EACH COMPETENCY

### Basic approach and attitude towards supervisee's, duties and responsibilities:

- Development of a co-operative clinical supervision alliance with supervisees
- Demonstration of a high level of professional attitude and competence

#### Rapport building with Supervisees

- Create a safe atmosphere within clinical supervision
- Providing adequate and constructive feedback to supervisees
- Developing an effective attunement and adequate coaching style

Ability to transfer knowledge effectively to the theoretical framework of Adaptive Information Processing (AIP)

#### Focuses in consultation on following issues:

- Practice of the Standard EMDR Protocol
- Correct application of the protocol
- Acknowledge recognition to other approaches or treatment plans and interventions
- Demonstrate an ability to answer supervisees questions effectively, considering the following:
  - a. Explore and clarify the question
  - b. Answer from a theoretical background
  - c. Answer on a practical level
  - d. Give specific hints and suggestions for specific case
  - e. Teach about differential diagnosis and / or alternative treatments

Identify and effectively manage group processes



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### EMDR EUROPE ACCREDITED CLINICAL CHILD & ADOLESCENT CONSULTANT COMPETENCY BASED FRAMEWORK - Addendum

The applicant has a minimum of 3 years experience of being an EMDF	2	Yes	No
Europe C&A Practitioner where their main clinical activity is in using E	EMDR		
Therapy with Children and Adolescents			
Standard EMDR-protocol and procedure	PLEASE PE DETAILED SUPPORT ( COMPETEN	COMMEN OF EACH	ITS IN
Section B:			
Evidence of knowledge and experience for specified populations			
and knowledge of research:  1. EMDR, Dissociation and Complex Post Traumatic			
Stress Disorder, Developmental Trauma Disorder			
2. Attachment disorders and EMDR			
3. Narrative EMDR, storytelling			
4. Integrative Group Treatment Protocol (IGTP)			
5. EMDR with emotional and developmental			
disorders			



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I confirm that the Applicant for Accreditation as an EMDR Europe Accredited Consultant and or Child & Adolescent Consultant has completed a minimum of 20 Hours Clinical Supervision/ Consultation:

	pervision/ Consultation:	ompleted a min	imum of 20 Hours Clinica
l co	nfirm that I have personally supervised th	e work of	as outlined in
1.	the enclosed reference		
2.	the attached competency framework do	cument.	
the late lun con	nfirm that s/he has conformed to the level Association. test that this is an honest and valid evalua derstand that if for any reason informatio ditions were not met the consultant and/or reditation and possibly Association memb	ntion of the super on is forthcoming or supervisee ma	rvisee's competencies to suggest that the above
Plea	ase indicate the period during which you hav	ve provided super	vision to this supervisee:
Sta	rt date:		
Enc	l date:		
(Inc	licate if ongoing):		
EM	DR Clinical Supervisor/Consultant Signatu	ıre:	
Ple	ase print name:	Date:	
Sup	ervisee's Signature:	Date:	
	Second reference in support of the applic	cation for EMDR	Europe Accreditation
	s reference forms part of the application pope Consultant and or Child & Adolescent		litation as an EMDR
	pport this application for EMDR Europe Adsultant and or Child & Adolescent Consult		n EMDR Europe
Nar	me of Applicant:		

I know the applicant from the following context (Please tick):

Ī	Head of Service/ Clinical Manager	
	Professional Colleague	
	Academic Colleague	



(RATIFIED VERSION WITH CHILD & ADOLESCENT ADDENDUM)

Clinical Supervision Group member

I can confirm	n the app	licant'	s experience	in the	e pra	ctice of	EMDR, and	th	at the	applicant's
professional	practice	is in	accordance	with	the	ethical	guidelines	of	their	respective
professional	organisat	ion.								

Please print name:		
Signature:		
Date:		

