



Milan, 15<sup>th</sup> November 2022

Dear Colleagues and Friends,

As announced during our last Board meeting, EMDR Europe Association will offer a special Consultants training for free that will take place on 2023. **Please note that it will be reserved for new National Associations or for Associations that – for specific reasons that will have to be described – cannot access the Consultants trainings regularly run by Trainers.**

**To start the Consultants training participants must meet the following requirements:**

- Have a minimum of one-year experience as an EMDR Europe Accredited Practitioner.
- Have completed a minimum of 400 EMDR sessions.
- Have treated a minimum number of 75 patients with EMDR since becoming an EMDR Europe Accredited Practitioner.
- Have treated a broad range of clients of varying diagnoses and complexity.
- Have undertaken a minimum of 30 hours EMDR Continuous Professional Development (CPD) since becoming an EMDR Europe Accredited Practitioner.

**After the training, to become a Consultant, participants must:**

- Demonstrate competency in the provision of EMDR clinical supervision/consultation (this will ordinarily be a minimum of 20 hours).
- Have a minimum of three years' experience as an EMDR Europe Accredited Practitioner.
- Participate in regular clinical supervision of ongoing EMDR clinical work.
- Have a certificate of competency from undertaking an approved EMDR Europe Consultants training on behalf of EMDR National Organisations (This is waived since EMDR Europe will be organizing this specific training).
- Have submitted a minimum of three DVD or in-vivo sessions of an EMDR clinical session, an individual EMDR clinical Supervision session and of a Group EMDR Clinical Supervision.

Participants will have to send their application to Sofia Mariani at [sofia.mariani@emdr-europe.org](mailto:sofia.mariani@emdr-europe.org) by **November 30<sup>th</sup>, 2022**. In addition, they will have to send a video of an EMDR clinical session (incomplete sessions will be accepted too) **by January 30<sup>th</sup>, 2023**.

Thank you.

Yours faithfully,

Isabel Fernandez

President of EMDR Europe Association